



# North Mountain Park Nature Center

## PROGRAM CALENDAR Summer 2014

All programs will take place at **North Mountain Park Nature Center** unless otherwise indicated.

Classes may be canceled due to insufficient enrollment or other reasons. If this occurs, a full refund will be issued in two to three weeks.

*Pre-registration is required for all programs 7 days in advance, unless otherwise indicated. Page numbers below are referenced to the program descriptions in the Summer Recreation Guide—[www.ashland.or.us/recguide](http://www.ashland.or.us/recguide)*

### Preschool Puppet Theatre

2nd Fri; May 9, Jun 13, Jul 11, Aug 8; 10:30—11:45am | 3—5 yrs  
\$6/child | North Mountain Park Puppeteers | Pg 30

### Rogue Valley Bird Day

Sat, May 10, 8am—Noon | Free | Pg 35 | Pre-registration NOT required | Details on other side

### Growing Shitake Mushrooms on Logs

Sat, May 10, 1—4pm | 15—adult | \$25; additional \$10 for mushroom spawn or \$15 for inoculated log | Mitra Stricklen | Pg 17

### Espalier Tree ①

Tue, May 13, 6—8:30pm | 12—adult | \$10 | Valya Boutenko | Pg 17  
LCB continuing ed credits\*

### Gardening When Water Is Scarce ①

Wed, May 14, 7—9pm | 12—adult | \$20 | Cynthia Care | Pg 18  
LCB continuing ed credits\*

### Beginning Bird Identification

Sat, May 17, 8—10am | 10—adult | \$15 | Shannon Rio | Pg 30

### Northwest Nature Shop's Birding for Kids

Sat, May 17, 10am—Noon | 5—adult | \$5 | Jeanine Moy | Pg 30

### Plant & Fungi Summer Gardening

Sat, May 17, 10am—1pm | 15—adult | \$25; additional \$10 for mushroom spawn | Sporluate Learning Farm, 790 Tolman Creek Rd  
Mitra Stricklen | Pg 18

### How to Eat Weeds

Sun, May 18, 10am—1pm | 11—adult | \$30 | Jon Carlson | Pg 31

### Seeing & Recognizing Our Valley's Architectural History

Tue; May 20, 27, Jun 3; 6:30—8pm | 18—adult | \$30/series  
Jeff LaLande | Pg 15

### Demonstration Garden Tours

Wed; May 21, Jun 18, Jul 16, Aug 20, Sep 17; 9:30—10:30am | 10—adult | Free (*donation to the Nature Center appreciated*) | Pg 18

### The Care & Pruning of Wisteria

Sat, May 24, 9:30am—Noon | 16—adult | \$12 | Patrick Marcus | Pg 18

### Fungi & Plant Permaculture ①

Sat, May 24, 10am—1pm | 15—adult | \$25; additional \$10 for mushroom spawn | Sporluate Learning Farm, 790 Tolman Creek Rd  
Mitra Stricklen | Pg 19 | LCB continuing ed credits\*

### Pest Management for Home Organic Gardeners

Wed, May 28, 6:30—9pm | 15—adult | \$15 | Patrick Marcus | Pg 19

### Learn to Flycast

Thu; May 29, Jun 12, Jul 10, Aug 7; 5:30—7pm | 12—adult | \$25/  
class Garden Way Park | Rachel Andras | Pg 15

### Sassy Shakeres

Sat, May 31 & Jun 7, 10am—1pm | 12—adult | \$68; includes all materials | Patty Aulik | Pg 29

### Plant Architecture & Pruning Demonstration ①

Sun, Jun 1, Noon—4pm | 12—adult | \$25 | Julie Gates | Pg 19  
LCB continuing ed credits\*

### History of the Rogue Valley for Homeschoolers

Tue, Jun 3, 9:30am—Noon | 5—10 yrs | \$10 | Ashland Parks & Recreation staff & volunteers | Pg 31

### Trails of Ashland for Hiking, Biking & Running

Wed, Jun 4, 7—8:30pm | All ages welcome | \$5 | Northwest Nature Shop staff | Pg 15

### Urban Composting

Sat; Basic Class: Jun 7 & Jul 5, Advanced Class: Aug 2; 2:30—4:30pm  
Recycle Center on Water St | 13—adult | Free | Rhianna Simes | Pre-registration NOT required | Pg 19

### Knot-Tying Basics

Sun, Jun 8, 11am—1pm | 10—adult | \$5 | Terence Philippe | Pg 16

### Summer Saturday Morning Bird Walks

Sat; Jun 14, Jul 12, Aug 9, Sep 13; 8—9am | Free | Local bird volunteers  
Pg 31

### Trail Food Dehydration

Sat, Jun 14, 10am—1pm | 12—adult | \$5 | Jackie Greer | Pg 16

### Earth Camp for Kids

Mon—Thu, Jun 16—19, 9am—Noon | 8—12 yrs | \$65 | Ashland Parks & Recreation staff | Pg 31

### Herbs ①

Tue, Jun 17, 7—8:30pm | 12—adult | \$12 | Jennifer Ewing | Pg 20  
LCB continuing ed credits\*

### Water Wisdom 101: Habits & Hardware

Wed, Jun 18, 6:30—8:30pm | 10—adult | Free | Julie Smitherman | Pg 20

### Northwest Nature Shop's Introduction to Birding

Sun, Jun 22, 10am—Noon | 10—adult | \$5 | Terence Philippe | Pg 32

### Summer Music Jam in the Park

Wed; Jun 25, Jul 30, Aug 27; 6:30—8pm | All ages welcome | Free  
Pg 8 | Pre-registration NOT required

### Art Hike

Sat, Jun 28, 9am—1pm | All ages welcome | \$15 | Krista Hepford | Pg 29

### Bumble Bee Monitoring for Citizen Scientists

Sat, Jul 12, 10am—Noon | 12—adult | \$5 | Shannon Davis | Pg 32

### Herbal First Aid

Sun, Jul 13, 10am—12:30pm | 13—adult | \$25 | Jon Carlson | Pg 20

### Baby Birds: The Next Generation

Lecture: Thu, Jul 17, 6:30—8pm; Field Trip: Sat, Jul 19, 8:30am—3pm  
13—adult | \$15 | Harry Fuller | Pg 33

### Culinary Herbal Wreath Making

Thu, Jul 24, 5—7pm | 12—adult | \$20; includes all materials | Liz Landreth | Pg 29

### Hand-Weaving a Potato Basket

Sat, Jul 26, 10am—5pm | 15—adult | \$65; includes all materials  
Louisa Lenz-Porter | Pg 29

### Stewarding Wild Medicinal Plants

Sat, Aug 2, 10am—4pm | 18—adult | \$60 | Earth Teach Park | Jon Carlson | Pg 33

### Perennial Plant Care ①

Wed, Aug 13, 7—8:30pm | 12—adult | \$12 | Jennifer Ewing | Pg 29  
LCB continuing ed credits\*

### Star Party & Presentation

### NASA's SOFIA Airborne Observatory

Sat, Aug 30, 7:30—10pm | Free | Dave Bloomsness | Pre-registration NOT required | Pg 33

① \* Approved by the Oregon Landscape Contractor's Board (LCB) for continuing education credits, more at [www.ashland.or.us/LCB](http://www.ashland.or.us/LCB).

The North Mountain Park Nature Center is located at 620 N Mountain Avenue in Ashland  
 For more information, call the Nature Center at 541.488.6606 or visit [www.NorthMountainPark.org](http://www.NorthMountainPark.org)

## VOLUNTEER PROFILE



*Jane Hall*

In 2005, after 45 years of California living, Jane Hall and her husband Bob decided to retire to the Rogue Valley. After selecting the Rogue Valley Manor as their new home, they packed up their San Jose-based manufacturing business and headed north.

Bob and Jane first fell in love with southern Oregon in 1985 after visiting the Oregon Shakespeare Festival. The Festival became their annual get-away destination and they

dreamed of eventually retiring to our area. They're thrilled to have made their dream a reality!

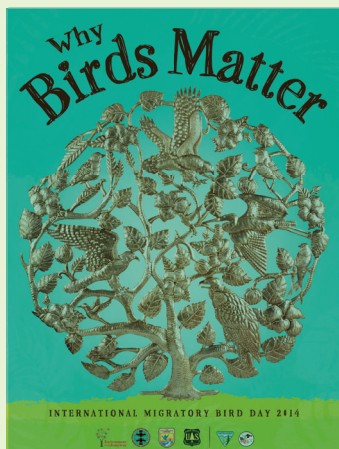
Jane has donated hundreds of volunteer hours to North Mountain Park over the past nine years. Her role as volunteer instructor of school field programs allows her to do something she truly loves: teach science and environmental education to children. Her teaching skills also landed her a volunteer position with the AARP-IRS tax program in Jackson County. Jane's versatility has lent itself well to additional volunteer roles with the Oregon Shakespeare Festival, the thrift shop/boutique at the Rogue Valley Manor and with helping to create historical exhibits and kids' crafts at North Mountain Park's Bear Creek Salmon Festival every October.

Jane most enjoys the staff and fellow volunteers at North Mountain Park. After running an environmental group in the Bay Area for over 25 years, Jane says: "Helping at North Mountain Park is almost like coming home. Working with school kids rejuvenates my 'Grandma Jane.'"

When Jane is not volunteering you might find her reading science mysteries or the New York Times, enjoying live theater or quilting.

## VOLUNTEER OPPORTUNITIES

- Educational assistants are needed to prepare for and support outdoor programs and field trips.
- Volunteer gardeners are always welcome to help out in the Demonstration Gardens.
- For more information call 541.488.6606 or visit [www.ashland.or.us/Volunteer](http://www.ashland.or.us/Volunteer).



### Rogue Valley Bird Day

*Why Birds Matter*

Sat, May 10, 8am-noon

All ages are welcome at this free event!

- Guided Bird Walks (8:15, 9:15 & 10:15am)
- Junior Walks for ages 8 & under (9:30am)
- Contests... Bird-Calling @ 10:30am & Name that Bird

North Mountain Park Nature Center  
 620 N Mountain Ave, Ashland

For more information visit...  
[www.RogueValleyBirdDay.net](http://www.RogueValleyBirdDay.net) or call  
 North Mountain Park at 541.488.6606



## GREEN LIVING TIPS

### TRAIN YOUR LANDSCAPE NOT TO BEG FOR WATER

In the summer, about 50% of our total water usage is sprinkled on our lawns and gardens. That's a lot of water! Have you ever thought about training your landscape? By making simple modifications to your maintenance practices you can actually train your landscape to need less water.

Watering your landscape less frequently, but for longer periods, helps roots grow deeper into the soil. Deep rooted plants will be healthier, require less water, and better withstand stress and disease.

To promote a drought-tolerant landscape with a healthy root system, consider the following practices:

- Avoid watering too early in the season. This will "spoil" your landscape and train it to expect excess water.
- Water less frequently and more deeply. To avoid runoff, break up the watering cycle by an hour so that each cycle can soak in before more water is applied.
- Water your lawn only when it shows signs that it needs it. Folded leaf blades are a sign of wilt.
- Mow your lawn at the highest recommended height for your grass to encourage deep root growth.
- Sharpen your mower blade two or three times during the season. Dull blades damage the lawn, resulting in the need for more water.
- Water late at night or early in the morning for reduced evaporation.
- Leave clippings on the lawn as you mow, unless the clippings are clumping, as clippings provide water and nutrients.
- Reduce or eliminate nitrogen fertilizer, which can cause shallow rooting, and increase potassium fertilizer to enhance drought tolerance.
- Plant native plants or plants adapted to drought.

### Right Plant, Right Place

Want to find the right plant for that sunny, shady, wet or dry area of your landscape? Looking for a low-water-use plant that blooms bright yellow flowers in the summer, can grow well in full sun and will only grow to three feet tall?

The City's Water-Wise Landscaping website can help you save water by recommending the perfect plants for your needs. Visit [www.ashland.or.us/waterwise](http://www.ashland.or.us/waterwise). Once you're on the website, click on "Plants" at the top of the page, then select "Guided Search" to get started.



For more information on the City's conservation programs please call 541.488.5306.