



Senior Services Division

Senior News December 2023

Ashland Senior Center, 1699 Homes Avenue, Ashland OR 97520
Monday - Thursday, 8:30am - 3:30pm | 541-488-5342 | tty: 711
AshlandSeniorCenter.org | seniorinfo@ashland.or.us



Holiday Party

Friday, December 22, 2-3:30pm
Ashland Senior Center
FREE. Registration required: 541-488-5342

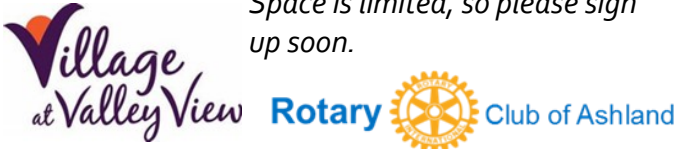
Join us for a festive holiday party with refreshments, music and gifts! Our sponsor **Village at Valley View** will be providing snacks, cookies, and beverages.

Rotary Club of Ashland will again give a gift to the first 60 people who register.



Urban Kohler and his students from the **OLLI French Caroling** class will sing old familiar Christmas Carols in French! On some favorites they will add a verse or two in English, so you can join in if the spirit moves you.

Space is limited, so please sign up soon.



Fun with Charades

Wednesday, December 13, 1:30-3pm
Ashland Senior Center, 1699 Homes Ave
FREE. Registration required: 541-488-5342

Charades is a parlor game from 19th century France in which one participant silently acts out a subject while the other participants attempt to guess what is being represented. Subjects include common phrases or the titles of a book, movies, TV shows, songs, or plays.

Participants may be divided into groups for a lively competition. Come join in this fun-filled event and release your inner mime.



Lead by APRC Senior Services Division volunteer **Kim Rosmaier**.

Staff Transitions at Ashland Senior Services Division
See story on page 5.

Ashland Senior Center will be closed on December 25 for Christmas and January 1 for New Year's Day.

Featured Activities & Classes

See page 3 of this newsletter for our full calendar of activities and classes, or you can view full details in the current Ashland Parks and Recreation Playguide at ashland.or.us/register. Ask about our scholarships. **All activities occur at Ashland Senior Center, unless otherwise noted.**

Digital Education

FREE. Registration required: 541-488-5342

Technology Basics Classes

Selected Wednesdays, 2-3:30pm

- Dec 20: iPhone & iPad Basics
- Jan 17, 2024: Windows Basics for PC Computers
- Feb 21, 2024: Mac Basics for Apple Computers
- March 20, 2024: Android Basics



Digital Technology Tutoring

By appointment

- One-on-one tutoring session for computers, smartphones, and tablets



Go Game Group

1st and 3rd Thursdays, 1:15-3:30pm

FREE. Registration required: 541-488-5342.

Learn to play Go, an ancient Chinese game played with black and white stones on a square board. It has simple rules but challenging strategy. Experienced players and beginners welcome.

Thank you to
our 2023 Game
Groups sponsor:



Line Dancing 2

Thursdays, 1-2:30pm

The Grove, 1195 E Main St

\$20/4 classes. Register for the month at ashland.or.us/register or 541-488-5342

Come try out Line Dancing 2. This ongoing class is for more experienced line dancers who want to learn and practice more advanced moves and choreography. Taught by **Risa Lewellyn**, who has been dancing since the 1970s and enjoys learning new moves through teaching.

Line Dancing 1, taught by Lynn Roberts, will continue to be offered on Mondays, 1-2:30pm at the Grove.



ASAC Update

At the November 13 meeting of the Ashland Senior Advisory Committee, Constance Wilkerson, Director of Senior & Disability Services at Rogue Valley Council of Governments, presented about their role as the Area Agency on Aging, their many services, and the regional Disaster Registry. Senior Services Superintendent Isleen Glatt gave a presentation on APRC's Conversation Clusters Demonstration Project.

ASAC will meet next on **January 8, 3:30-5:00pm** via Zoom. All meetings are open to the public. The agenda will be posted at ashland.or.us/APRCAgendasAndMinutes.

ASAC welcomes public input! Please submit comments to seniorinfo@ashland.or.us or 541-488-5342.

Patron Spotlight: Kathy McNeal

Kathy McNeal was born and raised in Prairie Village, Kansas. She moved to Seattle at age 20 and worked for an electrical and communications data parts supplier. In 2007 her work transferred her to Medford, and she fell in love with the Rogue Valley and chose to settle in Ashland.

Kathy has volunteered at the Senior Center since 2017, after first visiting the facility for computer tutoring. Over the past two years, she has volunteered over 700 hours with Ashland Parks and Recreation Senior Services Division. For this amazing contribution, she was honored with the 2023 Volunteer Service Award from Oregon Recreation and Park Association at their annual conference in Portland this November. Kathy has volunteered doing outreach calls, office support work and serving on the Ashland Senior Advisory Council. Thank you for your incredible service to our community, Kathy!



Let us feature you in the Patron Spotlight! Please contact us at 541-488-5342 or seniorinfo@ashland.or.us.

WEEKLY MOVIE MATINEES Showtime 1:00pm

TUESDAY, December 5: Nyad (2hr 1 min) 2023 PG-13

At age 60, athlete Diana Nyad, with the help of her best friend and coach, commits to achieving her life-long dream of completing a 110-mile open ocean swim from Cuba to Florida. Based on a remarkable true story.

Stars: Annette Bening, Jodie Foster, Anne Marie Kempf

TUESDAY, December 12: Rebecca (2hr 3min) 2020 PG-13

A young newlywed arrives at her husband's imposing family estate on the English coast and finds herself in the shadow of his first wife Rebeca, whose legacy lives on in the house long after her death.

Stars: Lily James, Armie Hammer, Kristin Scott Thomas

TUESDAY, December 19: White Christmas (2hr) 1954 NR

A successful song and dance team becomes romantically involved with a sister act and team up to save a failing Vermont inn of their former commanding general.

Stars: Bing Crosby, Danny Kaye, Rosemary Clooney, Vera-Ellen

TUESDAY, December 26: Audrey (1hr 40min) 2020 TV-14

In this documentary, filmmaker Helena Coan examines the remarkable life of actress, fashion icon and humanitarian Audrey Hepburn.

Stars: Audrey Hepburg, Allesandra Ferri, Francesca Hayward

Closed Captioning always offered when available.

Thank you to our 2023 Weekly Movie sponsor:



Staff Transitions

A message from the Superintendent

To our dear patrons:

I am writing to share the bittersweet news of my upcoming retirement as of January 5 and the staff changes that will ensure continued excellent services for the Ashland senior community. It has been an amazing experience to oversee the reinvention of Senior Services in Ashland over the last 5+ years. I am especially grateful for the honor of working with Senior Services Coordinator Natalie Mettler to co-create welcoming, effective services and vibrant programming.



Although permanent hirings take some time, the following staff changes will smooth the transition:

- Coordinator **Natalie Mettler** will be appointed Interim Senior Services Superintendent in January until an open hiring process can be completed in 2024.
- Office Assistant II **Shannon Holt** has moved from the Recreation Division to the Senior Services Division and is learning the Coordinator role. She will become Interim Senior Services Coordinator when Natalie steps into the Interim Superintendent role.
- **Cheryl de Saram** is our new part-time Office Assistant through June 2024, freeing Natalie and Shannon to train for their new roles.



Please join me in welcoming Natalie, Shannon and Cheryl to their new jobs and thanking them each for taking on these interim responsibilities. They all have great qualifications, and I am confident they will serve you very well.

Isleen Glatt, Senior Services Superintendent

Community Resources



Financial Assistance for Glasses and Hearing Aids

Do you need glasses, an eye exam, or hearing aids but can't afford them right now? Southern Oregon Lions Sight and Hearing Center has financial assistance available to help low-income Jackson County residents meet their vision and hearing needs. Whether you need a routine eye exam with a licensed provider, a new pair of glasses, or a pair of over-the-counter hearing aids, Southern Oregon Lions wants to help!

For more information, call 541-779-3653, visit southernoregonlionsightandhearingcenter.org or visit their office at 228 N. Holly Street in Medford.



Ashland Library Programs

Ballet Folklorico de Hector Zaragoza
Tuesday, December 5, 3:30-4:30pm
Gresham Room, Ashland Library,
410 Siskiyou Blvd
Free. No registration required.

Learn traditional folk dances from across diverse cultures and states across Mexico in a fun and supportive atmosphere. No experience is required. Hector and Luisa Valentin are a mother-and-son duo who have taught Ballet Folklorico in the Rogue Valley for over 20 years. Please bring a water bottle and wear comfortable clothing that allows you to move freely. If you have a practice skirt, bandanas, and/or dance shoes, have them ready.



See more programs at jcls.org/events



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 1699 Homes Avenue
 Ashland, OR 97520

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Thank you to our December sponsors!



And thank you to ALL our amazing volunteers and instructors
 who do so much to support seniors every month.