#### www.ashlandcert.org



August 2018

Neighbors Helping Neighbors...

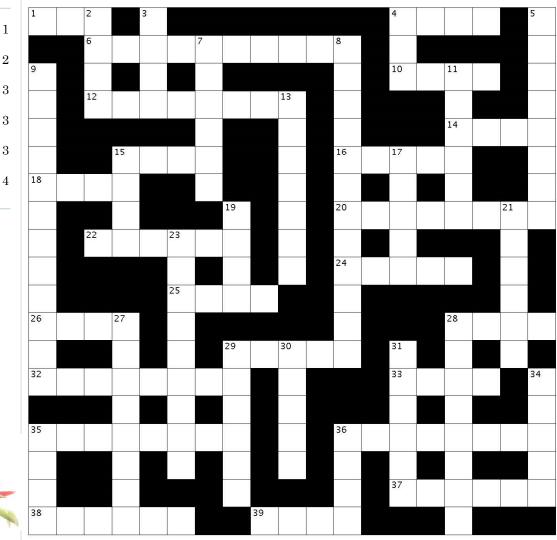
# **Ready Neighbor News**

# Map Your Neighborhood

This free program is an essential for communities. The concept of neighbors helping neighbors. What if you were injured and alone and no one knew? What if you were trapped in your own home from the impacts of an earthquake? The Map Your Neighborhood program is designed to assist neighbors in a facilitated methodology of developing a plan to assist each other following a disaster, such as an earthquake, when first responders are overwhelmed.

#### Map Your Neighborhood: Ashland & Talent

S. Weyer: http://communicrossings.com/crosswords-weyer-cert-myn



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## **Next Meeting Dates:**

**General Meeting:** 

August 8, Fire Station 1. Topic: Firefighter Rehab. Meeting starts at 6:00 with doors open at 5:30 PM.

#### Leadership Meeting:

August 22, Fire Station 1. Topic: Basic Planning. Meeting starts at 6:00 with doors open at 5:30 PM.



### ACROSS

- 1. Geographical representation; MYN (1st word)
- 4. The \_\_\_\_ of MYN is to build and strengthen disaster readiness among neighbors
- 6. A natural 32-Across, with a "whole lotta shakin' goin' on"; e.g., 28-Down
- 10. Placard, e.g., dual-sided with "Help" or "OK" [Step 5]
- 12. Equipment, provisions, e.g., food, stove, ladder, crowbar, rope
- 14. Camping shelter
- 15. Conflagration; use an 8-Down to control a small one
- 16. A compass direction
- 18. \_\_\_\_ is where the heart is
- 20. Nighttime location (2 words) for essential kit [Step 2]
- 22. Your loved ones [Step 1: ok? Step 8: relocate?]
- 24. Foot protection against broken glass; don't forget socks! [Step 2; in 20-Across kit]
- 25. Flower container that'll fall during a 6-Across
- 26. Mild pain comment w/o protection, e.g., 24-Across, 7-Down
- 28. Local volunteer org. (part of Ashland Fire & Rescue) that hosts MYN meetings, provides training and responds to emergencies
- 29. Liquid life necessity
- 32. Catastrophe, e.g., 6-Across
- 33. Written items to check,, e.g., todo
- 35. Young ones (part of 22-Across)
- 36. A well-constructed 18-Across may still be \_\_\_\_ after 6-Across
- 37. Abilities and practical knowledge
- 38. Something a volcano does
- 39. If 4-Down is 13-Down, you can \_\_\_\_ on a BBQ griill or campstove

## DOWN

- 2. Animal companions (part of 22-Across)
- 3. Get ready, for short
- 4. Piped fuel; if you hear or smell near house, use 29-Down for 13-Down [Steps 3&8]
- 5. Immediate medical help (2 words) [Steps 1&8]
- 7. Head protection -- include in 20-Across kit [Step 2]
- 8. Use to douse a small 11-Across; [Step 3; Step 6: place on sidewalk for neighbors]
- 9. You, plus those living nearby; MYN (3rd word)
- 11. Get together, assemble -- at pre-specified site in 30-Down [Steps 7-9]
- 13. Control valve/switch to stop flow (2 words), e.g., 29-Across, 4-Down or electricity [Steps 3&4]
- 15. Govt. org. that will assist (eventually)
- 17. Wireless communication receiver, e.g., AM/FM, NOAA, HAM [Step 2 & 8]
- 19. Visual organs; safety glasses in 20-Across kit?
- 21. Seniors (who may need extra help)
- 23. Physical and knowledge resources available or on a 33-Across
- 27. Hands-free light for 20-Across kit [Step 2]
- 28. NW coastal subduction fault, which is overdue to trigger major 6-Across
- 29. Plumber's tool; use to 13-Down 4-Down. [Steps 3&4, 8]
- 30. Small groups; their assignments: #1. 17–Down; #2. 35–Across, 21–Down; #3. 4–Down; #4. 10–Across [Step 7–9]
- 31. Leather hand protection -- for 20-Across kit [Step 2]
- 34. Basic & special requirements, e.g., medical, food
- 35. Tend, nurture; \_\_\_\_ Center can provide supervision for 35-Across, 21-Down, those with disabilities [Step 8]
- 36. Be on lookout for any \_\_\_\_ in 4-Down or 29-Across pipes

## Map Your Neighborhood .... continued...

Ashland CERT facilitates the Map Your Neighborhood program free of charge to area residents who are invested in community preparedness. The process is simple, but the results are priceless. To learn more about this invaluable opportunity contact the CERT office or visit our website at Ashland.or.us/ mapyourneighborhood

This a rewarding and worthy method of harnessing the power of community.

## Additional Training Opportunities

Upcoming (free) opportunities exist including:

CPR Training | Non-certification | Wednesday, August 15 | 6pm | Station 2 Opening Bases | Saturday, September 22 | 9am | location(s) TBA COA EOC Tabletop Exercise | Wednesday, September 26 | SAVE THE DATE TEEX Wide-Area-Search | Friday, Saturday, and Sunday, November 2, 3, and 4 | 620 Antelope Road - White City

All courses have a minimum participation requirement and a deadline to RSVP. Check your calendars today!

## American Heart Association CPR Certification Course

HeartSaver CPR is a classroom, video-based, instructor led course that teaches adult CPR and AED use, as well as how to relieve choking for an adult. This course teaches skills with American Heart Association's researchproven Practice-While-Watching technique, which allows instructors to observe the students, provide feedback and guide the students' learning of knowledge and skills.

This course is for anyone with limited or no medical training seeking a course completion card in CPR and AED use to meet job, regulatory, and/or other requirements.

The cost for this course is \$35, which includes a student study book and card\*. The class takes approximately 3 hours to complete. All fees must be prepaid prior to the class date to confirm reservation. Please register early to reserve your space as class sizes are limited.

\*Upon successful completion, students will receive an American Heart Association HeartSaver CPR, AED Course Completion Card that is valid for two years. When: Saturday, August 18, 2018 Where: Ashland Fire Station #2 Time: 9am-12pm Cost: \$35

**Registration is first-come, first-served according to when class fees are paid.** Classes are typically limited to 9 people. Participants may register by mailing a check or by paying in person 8 AM - 4 PM Monday - Friday at Station 1, 455 Siskiyou Blvd., Ashland, OR 97520. Make checks payable to City of Ashland.

For information or to register contact the CPR Program Coordinator

#### 541-552-2226 | cpr @ ashland.or.us

The American Heart Association strongly promotes knowledge and proficiency in BLS, ACLS, and PALS and has developed instructional materials for this purpose. Use of these materials in an educational course does not represent course sponsorship by the American Heart Association. Any fees charged for such a course, except for a portion of fees needed for AHA course materials, do not represent income to the Association.



# **CERT 2018 Calendar of Events**

January 2018	February 2018	March 2018
General Meeting - January 10 <i>(Bleeding Control)</i> Personal Protection Training- January 13 Leadership Meeting - January 24	General Meeting - February 14 (CERT Go-Bags / Backpacks) Leadership Meeting - February 28 (CERT Member Handbook)	General Meeting - March 14 ( <i>Radio Communications</i> ) Alternative Routes & Access - March 17 Leadership Meeting - March 28 Volunteer Day - March 31
April 2018	May 2018	June 2018
Basic Training - April 5, 6, 7, 19, 20, 21 General Meeting - April 11 <i>(CERT Skills)</i> Leadership Meeting - April 25 <i>(Basic AAR)</i>	General Meeting - May 9 - ( <i>Basic Graduation</i> ) <b>Mother's Day Pancake Breakfast - May 12</b> Leadership Meeting - May 23 ( <i>Campout Planning</i> )	Emigrant Lake Campout - June 2-3 General Meeting June 13 (Evacuation Training) Leadership Meeting - June 27 (Planning for 4th of July & Campout AAR)
July 2018	August 2018	September 2018
APD presents ALICE - July 1 Parade Support - July 4 General Meeting - July 11 (Ropes & Knots) Basic Refresher - July 21 Leadership Meeting - July 25 (4th of July AAR)	General Meeting - August 8 <i>(FF Rehab)</i> <i>CPR Night - August 15 (6pm) Station 2</i> Leadership Meeting - August 22 <i>(Basic Planning)</i>	General Meeting - September 12 ( <i>Cribbing Techniques</i> ) <b>Opening Bases - September 22</b> <b>Family &amp; Friends CPR - September 15</b> Leadership Meeting - September 26
October 2018	November 2018	December 2018
Basic Training - Oct. 4, 5, 6, 18, 19, 20 JCFD5 Open House - October 10 - (5pm-7pm) Leadership Meeting October 24 (Basic AAR)	Wide Area Search - November 2-4 General Meeting - November 14 <i>(Basic Graduation)</i> Leadership Meeting - November 28 <i>(Annual Training Planning Session)</i>	CERT Year in Review December 12 - 6:00 to 8:00 PM No Meetings Holiday Season ~ Training Stand Down

**Note:** General meetings are open to the public. Doors open at 5:30pm. Meetings are from 6-8:30pm at Fire Station1.

Ashland CERT 455 Siskiyou Boulevard Ashland, OR 97520

TO: